

Reflective Mission Statement Assignment

Ultimately, man should not ask what the meaning of his life is, but rather must recognize that it is he who is asked. In a word, each man is questioned by life; and he can only answer to life by answering for his own life; to life he can only respond by being responsible.

~Viktor Frankl

Each of us has unexamined assumptions that impede our sight and otherwise undermine us. We may be deeply invested in these false beliefs for emotional reasons, and our unconscious may conceal these assumptions from us, making them hard for us to spot without help (this is what keeps therapists in business).

We've spent all semester learning how to look. Now, direct that gaze towards yourself. Make sure that your goals align with your values and that you don't waste time and effort striving after things that won't make you happy. Question your goals and your relationships and ask how they relate to and serve your values. Then write a paragraph-long mission statement that articulates your purpose. What relationship do you want to have with the world? Be ready to present this on the last day of class, December 18.

In-Class Scaffolding Assignments:

Already completed:

"What I desire" statement

"What I fear" statement

"I am" statements

"Core values" assignment

To be completed:

Rhetorical analysis of your social media

Write an "anti-mission" statement. What *don't* you want?

Build-a-bridge: Between the last thing that triggered "wonder" and your core values